Name of Co-worker:	
Name of supervisor:	

As a co-worker, I agree to:

- Prepare for support and supervision and contribute to the agenda set for support and supervision.
- Give the appointment a high priority and be punctual for support and supervision.
- Be willing to learn and change, and be open to receiving support and supervision to help me do so.
- Take responsibility for putting any action that has been agreed into practice.

As a supervisor, I agree to:

- Protect the time and space of support and supervision, be punctual, and ensure privacy and no interruptions.
- Offer support and advice to enable the supervisee to reflect in depth on issues affecting work practice.
- Be open to feedback and use support and supervision to develop my skills as a supervisor.

The expectations of the organisation regarding supervision are set out within the Support and Supervision Policy and provide the framework for this agreement.

Structure of Support and supervision Sessions:

The frequency of support and supervision sessions will be:	
The length of support and supervision sessions will be:	
The venue for support and supervision will typically be:	

Content of Support and Supervision Sessions:

The usual content of our support and supervision will be:			
We will set our support and supervision agenda in the following way:			
Preparation for support and supervision will include:			
Process of Support and Supervision Sessions:			
We will consider requesting help from a third party in the following circumstances:			
We agree that support and supervision will be recorded by:			
We have both read and agreed to proceed on the basis of the standards stated in the Support and Supervision Policy.			
Signature of Co-worker:	Date:		
Signature of Supervisor:	Date:		